



# *Pilates for Pink Studios*

## **ARIZONA**

The Pilates Connection  
8763 East Broadway  
Tucson, AZ 85710  
520.207.6121

The Pilates Room  
7005 E. Cave Creek Rd.  
Cave Creek, AZ 85331  
480.483.1100

K Pilates  
3514 N. Power Rd. #101,  
Mesa, AZ 85215  
480.840.1860

Premier Pilates  
1430 W. Warner Rd., #138  
Gilbert, AZ 85233  
480.777.1061

Pilates Joe Class Studio  
13802 N. Scottsdale Rd. #128  
Scottsdale, AZ 85254  
480.609.0060

Suzy's Swim & Fitness Zone  
40143 N Westray Way  
Queen Creek, AZ 85240  
480.998.2288

Central Arizona College  
Signal Peak Campus  
8470 N. Overfield Rd.  
Coolidge, AZ 85228  
520.426.4444

Pilates Corps  
7000 E. Shea Blvd., Ste. 1310  
Scottsdale, AZ 85254  
480.998.1485

## **CALIFORNIA**

Almaden Valley Athletic Club  
5400 Camden Ave.  
San Jose, CA 95124  
408.445.4938

ClubSport Valley Vista  
3737 Valley Vista Rd.  
Walnut Creek, CA 94597

Balboa Pilates  
204 Washington St.  
Newport Beach, CA 92661  
949.675.5888

Bella Forma Pilates  
1905 Calle Barcelona, Ste. 216  
Carlsbad, CA 92009  
760.634.1215

Beyond Physical Therapy  
2903 W. Washington Blvd.  
Marina del Rey, CA 90292  
310.578.5960

EHS Pilates  
1452 Valencia St.  
San Francisco, CA 94110  
415.285.5808

Elevation Pilates  
3425 Balboa St.  
San Francisco, CA 94121  
415.386.9008

Island Pilates  
307 Marine Ave.  
Balboa Island, CA 92662  
714.402.9767

Malibu Gym  
28955 Pacific Coast Hwy.  
Malibu, CA 90265  
310.457.2450

Momentum Fitness Studio  
3855 Via Nona Marie, Ste. 203 D  
Carmel, CA 93923  
831.625.1360

Pilates Studio City  
11219 Tampa Ave.  
Porter Ranch, CA 91326  
818.509.0914

Pilates Studio City  
11650 Riverside Dr., Ste. 1 & 2  
N. Hollywood, CA 91602  
818.509.0914

Pilates with Passion  
4277 Valley Fair St., Ste. B  
Simi Valley, CA 93063  
805.581.1280

Studio Pilates  
209 W. Grand Ave.  
El Segundo, CA 90245  
310.414.8180

Pilates Plus Palm Springs  
611 S. alm Canyon Dr. #14  
Palm Springs, CA 92264  
760.325.8052

Tilicia Studios  
4645 Cass St. Ste. 102  
San Diego, CA 92109  
858.454.7380

Pilates by the Bay  
2590 Truxtun Rd., Ste. 105  
Sand Diego, CA 92106  
619.300.5363

Classical Pilates Workout  
25 S. San Joaquin St., Ste. A  
Stockton, CA 95202  
209.614.5700

Pilates People  
4765 Carmel Mt. Rd., St. 202  
San Diego, CA 92130  
858.847.0055

Pilates Studio Tiburon  
78 Main St.  
Tiburon, CA 94920  
415.435.8899

Inside Out Pilates, Yoga & More  
4471 D St.  
Sacramento, CA 95816  
916.455.7675

Equilibrio Pilates and Spine Care  
16400 Lark Ave., Se. 220  
Los Gatos, CA 95032  
408.358.1760

Body Breath Pilates  
240 Center St.  
El Segundo, CA 90245  
310.283.1832

Studio Slim N Fit  
905 Mono Way  
Sonora, CA 95370  
209.613.4476

The Absolute Yoga & Pilates Studio  
20855 Ventura Blvd. #8  
Woodland Hills, CA 91364  
818.226.0695

Pilates Body by Valentin  
6670 Amador Plaza Rd. #103  
Dublin, CA 94568  
925.803.9320

Purifying Pilates  
130 W. 25th Ave.  
San Mateo, CA 94403  
650.573.9522

Recreate Pilates  
22241 Palos Verdes Blvd.  
Torrance CA 90505  
310.316.5767

Balance Point Pilates Studio  
209 F St. Ste. A  
Davis, CA 95616  
530.756.5320

Studio B  
10137 Riverside Dr.  
Toluca Lake, CA 91602  
818.508.0400

Studio B  
215 N. Larchmont Blvd.  
Los Angeles, CA 90004  
323.461.8663

Tone, A Pilates Studio  
850 4<sup>th</sup> Street  
Santa Rosa, CA 95404  
707.526.3100

ClubSport Pleasanton  
7090 Johnson Drive  
Pleasanton, CA 94588  
925.463.2822

ClubSport Fremont  
46650 Landing Parkway  
Fremont, CA 94538  
510.226.8500

Renaissance ClubSport  
2805 Jones Rd.  
Walnut Creek, CA 94597  
925.938.8700

Purely Pilates  
963 D Industrial Rd.  
San Carlos, CA  
650.593.4366

Core Pilates on 17th  
3388 17th Street  
San Francisco, CA 94110  
415.553.7722

Core Pilates Sausalito  
328 Pine Street  
Sausalito, CA 94965  
415.553.7722

Renaissance Club Sport  
50 Enterprise  
Aliso Viejo, CA 92656  
949.643.6700

ShapeXpress for Women  
9146 Foothill Blvd.  
Rancho Cucamonga, CA 91730  
909.481.0044

Lululemon/Bodysattva Movement  
Arts Center  
4719 Commons Way  
Calabasas, CA 91302  
805.558.7443

The Pilates & Yoga Room  
505 S. Villa Real Dr. , Ste. 103b  
Anaheim Hills, CA 92807  
714.283.3411

Core Conditioning  
2520 W. Olive Ave., Ste. 300  
Burbank, CA 91505  
818.729.9419

Core Conditioning  
12930 Ventura Blvd., Ste. 226A  
Studio City, CA 91604  
818.907.0008

Kore Pilates  
1025 Prospect St., Ste. 390  
La Jolla, CA 92037  
858.551.1104

Bodyline, A Pilates Studio  
367 S. Doheny Drive  
Beverly Hills, CA 90211  
310.274.2716

Coast Physical Therapy  
234 S. Pacific Coast Highway #204  
Redondo Beach, CA 90277  
310.798.9889

Core Response  
2701 Ocean Park Blvd., Ste. 133  
Santa Monica, CA 90405  
310.392.2151

Equinox West Hollywood  
8560 Sunset Blvd.  
Los Angeles, CA 90069  
808.558.7443

Equinox Woodland Hills  
21530 Oxnard St.  
Woodland Hills, CA 91367  
808.558.7443

Equinox Santa Monica  
10960 Willshire Blvd.  
Santa Monica, CA  
808.558.7443

Los Gatos  
16 Lyndon Ave.  
Los Gatos, CA 95030  
408.399.7577

Pilates Manhattan  
815 Manhattan Ave.  
Manhattan Beach, CA 90266  
310.376.0107

Pilates Place  
1221 Hermosa Ave., Ste. 210  
Hermosa Beach, CA 90254  
310.372.0444

Pilates Sports Center  
16430 Ventura Blvd. #100  
Encino, CA 91436  
818.788.8112

Sierra Sport and Racquet Club  
4774 N. Blackstone  
Fresno, CA 93726  
559.227.8405

Spring Pilates and Yoga  
1414 Castro Street, Ste. D  
San Francisco, CA 94114  
415.282.8850

Studio Inner Space  
612 North Mount Shasta Blvd.,  
Studio A  
Mt. Shasta, CA 96067  
530.918.9515

Valley PT  
4615 Scotts Valley Drive, Ste. D  
Scotts Valley, CA 95066

## COLORADO

Parker Pilates  
19555 E. Parker Sgr. Dr. Ste. 101  
Parker, CO 80134  
303.840.0504

The Pilates Loft  
9898 Rosemont Ave. #201  
Lone Tree, CO 80124  
303.471.8656

Zenergy Yoga & Pilates Studio  
5996 S. Holly St.  
Greenwood Village, CO 80111  
303.770.9277

Axis of Movement, LLC  
451 Oak St. #208  
Frederick, CO 80530  
303.833.7353

The Center at Fountain  
518 Clearview Dr.  
Fountain, CO 80817  
719.322.0134

The MillerCoors  
Wellness Center  
1109 Ford St. WC 707  
Golden, CO 80401  
303.277.2951

The Pilates Center  
4800 Baseline Rd., Ste. D06  
Boulder, CO 80303  
303.494.3400

## CONNECTICUT

Body by Design Personal  
Training & Pilates Studio  
152 Route 171  
Woodstock, CT 06281  
860.928.0492

PowerFlowStudio  
319 Peck St.  
Erector Square  
New Haven, CT 06513  
203.776.0566

Pilates Focus  
P.O. Box 393  
Bridgewater, CT 06752  
203.470.6720

Eastern Rehabilitation Network  
1060 Day Hill Road  
Windsor, CT 06095  
860.688.0236

Studio 391  
391 Cascade Rd.  
Stanford, CT 06903  
203.461.9131

Elite Fitness  
Raccio Parkway  
Hamden, CT 06514  
203.582.5392

Ward Pilates  
24 Old Kings HWY.  
South Darien, CT 06820  
203.662.0084

Pilates Studio of Fairfield, LLC  
39 Sherman Ct.  
Fairfield, CT 06824  
203.255.1246

PHIT Pilates Studio  
56 Arbor St.  
Ste. 411  
Hartford, CT  
860.586.8856

Evolution Pilates Studio  
435 Buckland Rd.  
South Windsor, CT 06074  
860.644.4455

Quinnipiac University,  
Athletic Center  
275 Mt. Carmel Ave.  
Hamden, CT 06514  
203.582.5392

New York Sports Club -  
West Hartford  
65 Memorial Rd.  
West Hartford, CT 06107  
860.236.5400

Becoming Balanced  
15 Charles St.  
Torrington, CT 06790  
860.309.2709

The InnerSpace -  
Pilates, Yoga & Movement  
302 W. Main Street  
Avon, CT 06001  
860.674.1561

Pilates Center of Milford  
180 Pepes Farm Rd.  
Milford, CT 06460  
203.877.3350

## DELAWARE

PhysiCore  
5347B Limestone Rd.  
The Shops at Limestone Hills  
Wilmington, DE 19808  
302.383.4628

## FLORIDA

Balance Pilates &  
Yoga Center  
905 25th Dr. East  
Ellenton, FL 34222  
941.773.2967

Balance Pilates & Yoga Center  
7463 Manatee Ave. West  
Bradenton, FL 34209  
941.794.5060

EnCore Pilates  
4140 NW 37th Place, Ste. C  
Gainesville, FL 32606  
352.377.3305

Gold's Gym Palm Beach Gardens  
4540 Donald Ross Road  
Palm Beach Gardens, FL 33410  
561.799.1515

Living Fit Today, Inc.  
4302 N. Terrace Drive  
West Palm Beach, FL 33407  
561.281.5895

M Cycle Gym  
8800 SW 64 Ct.  
Miami, FL 33156  
305.586.6787

Nomi Pilates  
2104 NE 123rd Street #105  
North Miami, FL 33181  
305.895.0950

Pilates Bodies  
4259 Henderson Blvd.  
Tampa, FL 33629  
813.288.8111

Pilates Sarasota  
7668A S. Tamiami Trail  
Sarasota, FL 34238  
941.924.5356

Midtown Athletic Club  
2300 Royal Pal Blvd.  
Weston, FL 33326  
954.384.2582

MatWorkz Pilates Studio  
1331 Palmetto Ave  
Suite 202  
Winter Park, FL 32789  
407.628.4888

The B-fit Center  
14727 N Dale Mabry Hwy.  
Tampa, FL 33618  
813.908.2348

Anastasia Athletic Club  
1045 Anastasia Blvd.  
St. Augustine, FL 32080  
904.471.4300

Gold's Gym  
130 E. Altamonte Dr., Ste. 1000  
Altamonte Springs, FL 32701  
407.831.0100

Namaste Yoga Studio  
23606 SR 54  
Lutz, FL 33544  
813.505.1850

The Jungle Club  
1060 6th Ave.  
Vero Beach, FL 32960  
772.567.1400

Designing Bodies, Inc.  
1704 S. Dale Mabry  
Tampa, FL 33629  
813.259.4615

Our Club Health &  
Fitness Center  
2200 Highway A1A  
Indian Harbor Beach, FL 32937  
321.773.4425

Banyan Street  
Pilates & Fitness Studio  
131 Banyan Street  
Boca Grande, FL 33921  
941.270.2595

Studio 4 Fitness & Wellness  
20170 Pines Blvd., #101  
Pembroke Pines, FL 33029  
954.438.0002

Pilates: Studio A  
11394 US Hwy 98, Suite E  
Miramar Beach, FL 32550  
850.424.37778

University of St. Augustine  
Wellness Center  
1 University Blvd.  
St. Augustine, FL 32086  
904.826.0084

Body and Core Pilates Studio  
3970 Northlake Blvd.  
Palm Beach Gardens, FL 33403  
561.626.1944

Downtown Pensacola YMCA  
410 N. Palafox St.  
Pensacola, FL 32501  
850.438.4406

Designer Fitness  
47 S. Palm  
Sarasota, FL 34236  
941.544.5127

Integras  
4230-C Lafayette St.  
Marianna, FL 32446  
850.526.0876

Pembroke Isles Club  
1401 NW 169th Ave.

Pembroke Pines, FL 33028  
954.450.8200

Studio4Fitness  
10179 W Sample Rd.  
Coral Springs, FL 33067  
754.368.1878

The Bougainvillea Clinique  
4355 Bear Gully Rd.  
Winter Park, FL 32792  
407.678.3116

The Fitness Studio of Orlando  
6700 Conroy Rd., Ste. 235  
Orlando, FL 32835  
407.532.600

The Sports Club/LA @ The Four  
Seasons Hotel  
1441 Brickell Ave.  
Miami, FL 33131  
305.533.1199

## GEORGIA

One on One Physical Therapy  
3300 Northeast Expwy.  
Bldg. 8, Ste. C  
Atlanta, GA 30341  
770.500.3848

The Thomson Family YMCA  
614 Canterbury Dr.  
Augusta, GA 30909  
707.202.6633

Pilates Loft  
60 Cinema Lane, Ste. 230  
St. Simons Island, GA 31522

Training with Tonya  
515 W. Alapaha  
Fitzgerald, GA 31750  
229.325.2035

Edge Fitness-Bonaire  
402 GA Hwy 247 S., Ste. 600  
Bonaire, GA 31005  
478.225.2225

The Pilates Point  
6002 Hwy 53 E., Ste. 130  
Dawsonville, GA 30534  
678.7798704

## HAWAII

Lanikia Pilates  
25 Alala Rd.  
Kailua, HI 96734  
808.258.7300

Pilates and Movement  
Center of Kona

75-5995 Kuakini Hwy.  
Ste. 900  
Kailua-Kona, HI 96740  
808.329.3211

Pilates Training Center, Hawaii  
25 Malunui Avenue #204  
Kailua, HI 96734  
808.261.9519

Joy of Pilates  
59-595 Ke Iki Rd., #D  
Haleiwa, HI 96712  
808.294.0605

Pilates Maui Therapy  
310 Ohukai Rd., Ste. 317  
Kihei Commercial Plaza  
Kihei, HI 96753  
808.874.0052

On Balance Pilates Studio  
315 Uluniu St., Ste. 201  
Kailua, HI 96734  
808.262.2528

## IDAHO

Teton Pilates Studio  
370 N. Holmes Ave.  
Idaho Falls, ID 83401  
208.757.0420

## ILLINOIS

Central Park Athletic Club  
4225 Naperville Rd. Lower Level  
Lisle, IL 60532  
630.505.7799

Helios Center for Movement  
Class to be held in Hamlin Park  
(corner of Damen Ave. & Barry St.)  
773.248.0920

Soulistic Studio & Spa  
805 N. Milwaukee Ave., Ste. 200  
Chicago, IL 60622  
312.226.7685

Whole Body Studio  
1650 Hance Drive  
Freeport, IL 61032  
815.275.7125

Provena St. Mary's Hospital Total  
Wellness Center  
21 Heritage Dr., Ste. 100  
Bourbonnais, IL 60914  
815.936.3232

Core Chicago Pilates  
2549 N. Racine Ave.  
Chicago, IL 60614  
773.296.9660

Fox River Pilates Center  
1 W. State St.  
Ste. 107 Bldg. A  
Geneva, IL 60134  
630.262.8610

Yoga-360, Inc.  
91 Bankview Drive  
Frankfort, IL 60432  
815.806.0360

Harmony Mind Body Fitness  
1962 N. Bissell  
Chicago, IL 60614  
773.296.0263

Pilates of Elmhurst  
110 E. Schiller, Ste.230  
Elmhurst, IL 60126  
630.833.5500

Body and Mind Pilates Plus  
120 Washington St.  
West Dundee, IL 60118  
847.844.1236

Solano Fitness Studio  
3435 N. Sheffield Ave., Ste. 202  
Chicago, IL 60657  
773.525.2890

## INDIANA

IM-X Pilates Studio  
1924 Rhettisbury St.  
Carmel, IN 46032  
317.815.8701

Flow Movement Studio  
1474 W. Oak St.  
Zionsville, IN 46077  
317.973.0121

Summit City Fitness  
5928 Trier Rd.  
Fort Wayne, IN 46815  
260.485.1671

Valpo Athletic Club  
2352 Morthland Dr.  
Valparaiso, IN 46385  
219.462.7721

TOTAL Fitness & Wellness  
3891 Charlestown Rd.  
New Albany, IN 46815  
812.945.9344

Perfect Pilates Studio  
820 City Center Drive  
Carmel, IN 46032  
317.441.7364

Fit 4 Ever Training &  
Pilates Studio

1201 Main St. Ste. D  
Lafayette, IN 47901  
317.815.8701

Lebanon Sports & Fitness  
312 N. Lebanon St.  
Lebanon, IN 46052  
765.404.0568

ReynoldsPILATES  
10347 Strongbow Rd.  
Fortville, IN 46040  
317.379.5833

Pilates Indy, Inc.  
1001 Broad Ripple Ave., Ste. B1  
Indianapolis, IN 46220  
317.205.9502

Pinnacle Athletic Club  
205 W. Edison Road  
Mishawaka, IN 46545  
574.255.8080

## IOWA

Tina's Dance Studio, Inc.  
2100 E. LeClair Rd.  
P.O. Box 343  
Eldridge, IA 52748  
563.285.2222

Boone County Family YMCA  
608 Carroll Street  
Boone, IA 50036  
515.432.5925

Powerhouse Pilates  
1906 Grant Ave.  
Guthrie Center, IA 50115  
641.747.8040

## KANSAS

A Healing Place Pilates at Maximus  
Fitness & Wellness  
2020 N. Topeka  
Topeka, KS 66604  
785.273.3496

Jewish Community Center  
5801 W. 115th St. #101  
Overland Park, KS 66211  
913.327.8081

Fusion Fitness  
7134 W. 80th Street, Ste. 224  
Overland Park, KS 66204  
913.231.4994

Town and Country Racquet Club  
3806 Broadway  
Great Bend, KS 67530  
620.792.1366

Pilates Plus Body  
Work Studio  
12204 Catalina St.  
Leawood, KS 66209  
913.208.1446

## KENTUCKY

Pilates Place  
2573 Richmond Rd.  
Ste. 350 Lexington, KY 40509  
859.266.3810

The Pilates Connexion  
3005 Dixie Hwy. Ste. 260  
Edgewood, KY 41017  
859.341.1700

Pilate Your Body  
3395 Maysville Road  
Carlisle, KY 40311  
859.405.1236  
Massachusetts

Bowling Green Athletic Club  
1640 Scottsville Rd.  
Bowling Green, KY 42103  
270.793.9591

Middlesboro Pilates  
4400 West Cumberland Ave.  
Middlesboro, KY 40965  
606.242.8800

## LOUISIANA

Core Pilates of Baton Rouge  
2203 American Way  
Port Allen, LA 70767  
225.205.0748

Extreme Fitness  
17092 W. Main St.  
Galliano, LA 70354  
985.860.5379

## MAINE

Pure Movement L.L.C.  
1 Marginal Way, 2nd Floor  
Portland, ME 04101  
207.871.7873

Downeast Pilates  
P.O. Box 361  
Southwest Harbor, ME 04679  
207.244.4429

## MARYLAND

Balance, Your Pilates &  
Yoga Studio  
8305 Wisconsin Ave.  
Bethesda, MD 20814  
301.986.1730

Balance, Your Pilates,  
Yoga & Gyrotonic Studio  
192 Halpine Rd., Ste. D  
Rockville, MD 20852  
301.986.1730

Coreworks Fitness and Pilates  
9160 Rumsey Rd., Ste. B4  
Columbia, MD 21045  
410.772.0600

LifeBridge Health & Fitness  
1836 Greene Tree Rd.  
Pikesville, MD 21208  
410.484.6800

Pilates by Kristen @ Langanore  
Counseling & Wellness Center  
164-D West Main St.  
New Market, MD 21774  
301.919.4411

Peninsula Pilates & Wellness  
810 Beaglin Park Dr., Unit 2  
Salisbury, MD 21804  
410.543.2006

Green Valley Fitness for Women  
3913 Sugarloaf Drive  
Monrovia, MD 21770  
240.347.5029

The Magnificent Body  
10110 Washington Blvd., A  
Laurel, MD 20723  
301.490.1992

The Pilates Center at  
Goucher College  
1021 Dulaney Valley Road  
Towson, MD 21204  
410.337.6531

BD Diagnostic  
Systems Fitness Center  
7 Loveton Circle  
Sparks, MD 21151  
410.316.4416

## **MASSACHUSETTS**

Performance Pilates & Yoga  
224 Dedham St.  
Norfolk, MA 02056  
508.384.6366

Private Studio  
201 Main St., Unit 7  
Woburn, MA  
781.376.0718  
Easton Pilates Studio  
104 Kilsyth Rd.  
Easton, MA 02375  
508.230.9799

Boston Body works Studios  
38 Newberry St.  
Boston, MA 02111  
617.723.8090

Boston Pilates  
709 Centre St., #201  
Jamaica Plain, MA 02130  
617.524.0118

The Beacon Hill Athletic Clubs  
28 Church St., Ste. 9  
Winchester, MA 01890  
617.562.0202

Bodylines Pilates  
100 Duval Rd.  
Lancaster, MA 01523  
978.537.8387

Life in Synergy Studios  
867 Boylston Street, 2nd Flr.  
Boston, MA 02116  
617.867.6500

The Sports Club/LA  
4 Avery St.  
Boston, MA 02111  
617.375.8200

The Movement Center of Boston  
38 Newbury Street  
Boston, MA 02114

Hemenway Gymnasium  
1515 Massachusetts Ave.  
Cambridge, MA 02138  
617.495.3435

## **MICHIGAN**

Equilibrium Pilates Studio  
6405 Telegraph, Bldg. G  
Bloomfield Hills, MI 48301  
248.723.6500

Teaser Pilates  
6960 Orchard Lake Rd., Ste. 222  
West Bloomfield, MI 48322  
248.737.6900

Fitness RX  
28575 Wintergreen Dr.  
Farm Hills, MI 48331  
248.488.9830

Pilates and Barre Studio  
33045 Hamilton Court Suite G 50  
Farmington Hills MI 48334  
248.478.9461  
Core Arts Pilates  
634 North Mechanic Street  
Jackson, MI 49202  
517.262.3430

Go Workout  
(South Location)  
134 E. Edgewood Blvd.  
Lansing, MI 48911  
517.272.7343

Pure Element Pilates  
7001 Orchard Lake Rd.,  
Ste. 432  
West Bloomfield, MI 48322  
248.862.2200

HealthStyles Health and  
Wellness  
301 S. Lafayette  
South Lyon, MI 48178  
248.486.2582

Milford Physical Therapy  
135 S. Milford Rd.  
Milford, MI 48381  
284.685.7272

## **MINNESOTA**

Body Rox  
16180 Hastings Ave. S.E.,  
Ste. 302  
Prior Lake, MN 55372  
612.508.6929

The Pilates Advantage  
5821 Tower St.  
P.O. Box 51  
Rockford, MN 55373  
763.477.4254

Awaken Pilates Studio  
2937 Lyndale Ave. South, Ste. 10  
Minneapolis, MN 55408  
612.824.1772

Time Out Pilates and  
Fitness Studio  
6001 Lyndale Ave. S.  
Minneapolis, MN 55419  
612.866.0832

Northland Executive  
Fitness Center  
1650 West 82nd St., Ste. 10  
Minneapolis, MN 55431  
952.885.5944

St. Cloud University Rec.  
Department  
720 4th Ave. N.  
St. Cloud, MN 56301  
320.308.3325

J.U.S.T. Pilates  
17470 Glacier Way  
Lakeville, MN 55044  
952.432.7123

## MISSOURI

Studio Rue  
7905 Big Bend Blvd.  
Webster Groves, MO 63119  
314.651.0418

Techniques Ballet & Pilates Studio  
546 1st Capitol #5  
St. Charles, MO 63301  
636.940.7308

Pilates and Yoga Center of St. Louis  
1015 McCausland Ave.  
St. Louis, MO 63117  
314.781.5050

Therapeutic Pilates  
631 Cascade Lake Ct.  
Ballwin, MO 63021  
314.541.0656

Contemporary Pilates  
920 N. McKnight Rd.  
St. Louis, MO 63132  
314.993.6440

Pilates for Every Body  
2011 Chapel Plaza Ct., Ste. 107  
Columbia, MO 65203  
573.447.0212

Pilates and Yoga Center of Ladue  
9825 Clayton Road  
Ladue, MO 63124  
314.569.9400

Capital Region Healthplex  
1432 Southwest Blvd.  
Jefferson, MO 65109  
573.632.5440

## MONTANA

Exhale Pilates Studio  
120 Lupfer Ave.  
Whitefish, MT 59937  
406.862.6488

Precision Pilates  
1400 1st Ave. N  
Great Falls, MT 59405  
406.868.1039

## NEBRASKA

Legacy Pilates, Yoga & More  
1021 S 178 St., Ste. 101  
Omaha, NE 68118  
402.502.9772  
The Workout Inc.  
7602 Pacific St., Ste. 301  
Omaha, NE 68114  
402.393.3077

Antelope Memorial  
Hospital Wellness Center  
102 West 9th Street  
P.O. Box 29  
Neligh, NE 68756  
402.887.6204

Fit on Main Studios  
710 Main Street  
North Bend, NE 68649  
402.666.5279

## NEVADA

ClubSport Green Valley  
2100 Olympic Ave.  
Henderson, NV 89014  
702.454.6000

IM=X Pilates Sparks  
4830 Vista Dr., Ste. 110  
Sparks, NV 89436

Sierra Training  
Studio Pilates  
1624 10th St., Ste. 2  
Minden, NV 89423  
775.783.1503

The Pilates Body Las Vegas  
6252 Dean Martin Dr.,  
Ste. H  
Las Vegas, NV 89118  
702.806.7790

## NEW HAMPSHIRE

CoreFocused, LLC  
136 Wheeler Rd.  
Hollis, NH 03049  
603.554.7522

Spinlates  
621 Islington St.,  
Stes. B & C  
Portsmouth, NH 03801  
603.766.7746

Windham Pilates &  
Wellness Studio  
33 Indian Rock Rd.  
Windham NH  
603.766.7746

Windhams Pilates and  
Wellness Center  
PO Box 163  
Windham, NH 03087  
603.505.4449

Passport Pilates Studio @  
Artistic Ballet & Creave Dance  
142 State Route 111  
Hampstead, NH 03841  
603.329.7170

## NEW JERSEY

Anthony Rabara Studio for Pilates  
392 Wall Street  
Princeton, NJ 08540

Functional Fitness Studio  
67 Harbourton Mt Airy Rd.  
Lambertville, NJ 08530  
609.477.9407

Pilates Elite, LLC  
72 East Holly Ave.  
Pitman, NJ 08071  
856.904.4443

Pilates Plus A  
Restoration Studio, LLC  
1001 Lincoln Drive West, Ste. A  
Marlton, NJ 08053  
856.269.9254

Premier Pilates and Training  
22 Hudson Place  
Hoboken, NJ 07030  
201.683.4014

Bergen County Callanetics & Pilates  
Studio, Inc.  
10 Jay St.  
Bergen County  
201.567.7571

Studio Fitness  
104 Town Center Drive  
Warren, NJ 07059  
908.647.0300

Project Pilates  
341 Grove St., 2nd Flr.  
Jersey City, NJ 07302  
201.432.5849

High Bridge Pilates  
40 Church St.  
High Bridge, NJ 08829  
732.261.722

East Coast Pilates &  
Yoga Center  
40 Main St.  
Avon-By-The-Sea, NJ 07717  
732.775.5006

Odyssey Athletic Center  
168 Franklin Turnpike  
Waldwick, NJK 07463  
201.447.6565

Alcatel-Lucent Murray Hill  
Fitness Center  
600 Mountain Ave.,  
Rm. 6G001  
Murray Hill, NJ 07974  
908.582.8155

BD Fitness Center  
1 Becton Drive, MC 159B  
Franklin Lakes, NJ 07417  
201.847.4995

Pilates Core Center  
16 Serenity Ct.  
Southampton, NJ 08088  
856.802.9000

Pure Pilates  
133 Gales Drive  
New Providence, NJ 07974  
908.286.1100

The Chatham Club  
484 Southern Blvd.  
Chatham, NJ 07928  
973.377.1900

Longevity Pilates  
16 Grove Avenue  
Verona, NJ 07044  
973.632.0830

Body Benefits  
3722 E. Landis Ave.  
Vineland, NJ 08361  
856.213.6365

Triangle Dance Center  
381 Triangle Road, Suite 7  
Hillsborough, NJ 08844  
908.431.0020

RWJ Rahway Fitness  
and Wellness Center  
2120 Lamberts Mill Road  
Scotch Plains, NJ 07076  
908.232.6100

Union County  
Vocational and  
Technical School  
1776 Raritan Rd.  
Scotch Plains, NJ 07076  
907.444.3653

Become One Yoga and  
Pilates Center  
42 Park Ave, 2nd Fl.  
Rutherford, NJ 07070

Bayshore Fitness &  
Wellness Center  
1420 Hwy. 36  
Hazlet, NJ 07730  
732.335.4200

IM=X Pilates  
58 First Ave.  
Atlantic Highlands, NJ 07716  
732.872.1442

JCC Metro West  
760 Northfield Ave.  
West Orange, NJ 07052  
973.530.3515

Kingley Health/Fitness By Design  
120 Centennial Ave.  
Piscataway, NJ 08854  
732.283.1900

L-3 Communications Fitness Center  
1 Federal St., A & E1  
Camden, NJ 08103  
856.338.2735

## NEW YORK

FAB Pilates  
57 W. Main Street  
Babylon, NY 11702  
631.662.3676

Flex Appeal Gym  
356 Villa Roma Rd  
Calicoon, NY 12723  
845.887.4880

Mid-Island Y-JCC  
45 Manetto Hill Rd.  
Plainview, NY 11803

Pilates for Every Body  
371 Long Beach Rd.  
Island Park, NY 11558  
516.992.0229

Pilates Garage  
291 8th St.  
1st Floor  
Brooklyn, NY 11215  
718.768.1235

Energy - Interactive Fitness Center  
556 Route 25A  
St. James, NY 11780  
631.862.1737

Pilates Center of Westchester  
@ Crabtree's Kittle House  
111 Kittle Rd.  
Chappaqua, NY 10514  
914.238.0184

DLFIT Pilates &  
Wellness Studio  
270 Lafayette St.  
#860  
New York, NY 10021  
212.941.1922

Erika Bloom Pilates Plus  
795 Madison Ave., Flr. 2  
New York, NY 10065  
212.288.3410

Body in Motion Pilates  
172 W 77th St. #2A  
New York, NY 10025  
212.595.5922

Private Instructor  
3 Pheasant Ridge Rd.  
Ossining, NY 10562  
914.238.0184

Andrea's Dance Studio  
904 Morris Park Ave.  
Bronx, NY 10462  
718.597.6869

Andrea's Dance  
Studio II  
209 Brook St.  
Eastchester, NY 10583  
914.723.2927

Prana Pilates & Yoga  
412 North Country Rd.  
St. James, NY 11780  
631.686.5252

Re:AB Pilates  
33 Bleecker Street,  
Suite 2C  
New York, NY 10012  
212.420.9111

Ultimate Fitness  
225B W. Main Street  
Patchogue, NY 11772

Ultimate Fitness  
700-50 Patchogue Yaphank Rd.  
Medford, NY 11763

Evolution Pilates  
150 Main Street,  
Suites 5,6 & 7  
Port Washington, NY 11050  
517.767.1761

Powerhouse Pilates  
21 East Shore Road  
Manhasset, NY 11030  
516.365.2800

The Richter Center  
St. Bonaventure University  
St. Bonaventure, NY 14778

True Pilates New York  
50 West 57th St., 6th Fl.  
New York, NY 10019  
212.757.0724

Bodyscape Pilates  
30 Lakeside Drive  
Centerport, NY 11721  
631.261.7411

Commack High School  
1 Scholar Lane  
Commack, NY 11725  
631.912.2099

Pilates at Body Reformers  
131 Main Street, Ste. 3  
East Rockaway, NY 11558  
516.763.2066

Pilates on Hudson, Inc.  
8 John Walsh Blvd., Ste. 428  
Peekskill, NY 10566  
914.739.1178

Sky Athletic Club  
310 Merrick Rd.  
Rockville Centre, NY 11572  
516.678.9400

SMW Pilates  
640 Kreag Rd., Ste. 202  
Pittsford, NY 14534  
585.899.9785

The Center Studio  
334 Amsterdam Ave.  
New York, NY 10023  
646.505.4457

## **NORTH CAROLINA**

Kingley Health/  
Fitness by Design  
2710 Henry St. 100-A  
Greensboro, NC 27405  
336.375.2939

Surf City Community Center  
201 Community Center JH Batts Rd  
Surf City, NC  
910.297.1346

Core Focus Pilates  
and Physical Therapy  
Near harbor Village Marina  
Hampstead, NC  
910/297.1346

Second Wind Fitness  
Center  
98 Quarter Horse Lane  
Hampstead, NC  
910.297.1346

Pilates Studio at the Lake  
202 South Main St.  
Davidson, NC 28036  
704.617.0310

Wilmington Wellness Studio  
250 Racine Dr. Unit 11  
Wilmington, NC 28403  
910.796.9690

Outer Banks Yoga & Pilates  
309 W. Soundside Rd.  
Nags Head, NC 27959  
202.265.4478

In Balance Pilates Studio  
5101 Dunlea Court, Ste. 103  
Wilmington, NC 28405  
910.762.1449

Pilates of Fayetteville  
4145 Ferncreek Dr., Ste. E  
Fayetteville, NC 28314  
910.322.6535

The Absolute Studio, Inc.  
803-B Red Banks Rd.  
Greenville, NC 27858  
252.830.2271

Barefoot Pilates  
577 Riverwood Drive  
Bolivia, NC 28422  
910.755.6772

ClubWorx  
100 South Fitness Drive  
Fuquay-Varina, NC 27526  
919.567.3400

## **NORTH DAKOTA**

Beulah Fit Club  
213 1st Ave. NW  
Beulah, ND 58523  
701.873.5852

## **OHIO**

Five Seasons Sports Club  
28105 Clemens Rd.  
Westlake, OH 44145  
440.899.4555

The Pilates Studio of  
Central Ohio  
6585 Dublin Center Dr.  
Dublin, OH 43017  
614.336.9502

Fitworks Fitness Center  
19607 Detroit Rd.  
Rocky Rive, OH 44116  
440.333.4141

Fitworks Fitness Center  
9221 Mentor Ave.  
Mentor, OH 44060  
440.205.9095

Don Umerley Civic Center  
21016 Hilliard Blvd.  
Rocky River, OH 44116  
440.895.2599

Trilogy Movement Studio, LLC  
3137 Far Hills Ave.  
Dayton, OH 45429  
299.6852

Hilliker YMCA  
300 Sloan Blvd.  
Bellefontaine, OH 43311  
937.592.9622

Body Mind Balance, Inc.  
1940 Dana Ave., Unit 2  
Cincinnati, OH 45207  
513.351.7587

Bowling Green  
Community Center  
1245 West Newton Rd.  
Bowling Green, OH 43402  
419.354.6223

Studio Yogatopia  
1828 Pearl Rd.  
Brunswick, OH 44212  
330.220.3080

Turning Point Fitness  
5890 Suite A, Chandler Dr.  
Westerville, OH 43082  
614.329.2224

## **OKLAHOMA**

Four Graces Pilates Studio  
2828 W. Country Club Dr.  
Oklahoma City, OK 73116  
405.608.4446

Pilates by Roxie  
1405 N. Bryant  
Edmond, OK 73034  
405.330.5010

Muskogee Swim &  
Fitness Center  
566 N. 6th Street  
Muskogee, OK 74401  
918.681.4733

## **OREGON**

Forest Grove Health & Fitness  
2329 Pacific Ave.  
Forest Grove, OR 97116  
503.357.1701

Jessica Schultz Pilates  
1001 SE Water Ave.  
Portland, OR 97214  
971.506.9619

Pacific Northwest Pilates  
5201 SW Westgate Dr., Ste. 114  
Portland, OR 97221  
503.292.4409

10th Avenue Athletic Club  
1111 SW 10th Ave.  
Portland, OR 97205  
503.294.7432

ClubSport Oregon  
18120 SW Lower Boones Ferry Rd.  
Tigard, OR 97224  
503.968.4500

Movement for Healing  
4324 SE 30th Ave.  
Portland, OR 97202  
503.901.7166

Pure Pilates  
3280 Camellia Dr. S  
Salem, OR 97302  
503.910.9640

## PENNSYLVANIA

Body Precision Pilates Studio  
28 Garrett Ave.  
Rosemont, PA 19010  
610.520.2348

Heartline Health and Fitness  
3114 Route 405  
Milton, PA 17847  
570.524.5200

Corps Pilates  
325 Cherry St.  
Philadelphia, PA 19106  
215.627.6279

Fit! Pilates, Inc.  
915 Montgomery Ave., Ste. 105  
Narberth, PA 19072  
215.990.5578

The Regional Family YMCA  
490 Bessemer Rd.  
Mt. Pleasant, PA 15666  
724.542.9622

The Upper Main Line YMCA  
1416 Berwyn-Paoli Rd.  
Berwyn, PA 19312  
610.854.1608

Pottruck Fitness Center  
3701 Walnut St.  
Philadelphia, PA 19104

Up Stretch Pilates Studio  
153 Perry Highway  
Pittsburgh, PA 15229  
412.983.7818  
IM=X Pilates Studio Blue Bell  
1320 DeKalb Pike  
Blue Bell, PA 19422  
484.231.8565

Morgan Pilates and Yoga, LLC  
310 Bridge St.  
New Cumberland, PA 17070  
717.979.2405

EveryBody Pilates  
104B Schubert Dr.  
Downingtown, PA 19335  
215.939.0602

Pilates by Linda & Co.  
2655 Philmont Ave.  
Huntingdon, PA 19006  
215.947.5510

Pittsburgh Pilates  
1012 Marion Dr.  
Coraopolis, PA 15108  
724.816.2419

Studio 34  
4522 Baltimore Ave.  
Philadelphia, PA 19143  
215.387.3434

FITnWELL  
128 West Lancaster Ave.  
Wayne, PA 19087  
610.888.8898

Pennsylvania Southern  
Dance and Performing  
Arts Academy  
908 Columbus Street  
Brownsville, PA 15417  
814.449.7413

Symmetry Pilates Yoga  
18 North Church St.  
West Chester, PA 19380  
610.431.8990

Paramount Sports Complex  
21 Landings Dr.  
Annville, PA 17003  
717.838.0330

Pilates for Movement  
34 Summit Grove Ave.  
Bryn Mawr, PA 19010  
610.581.0288

Urbanfront PILATES  
1700 Sansom St.  
Philadelphia, PA 19103  
215.564.4410

## RHODE ISLAND

Evolution Bodywork  
& Nutrition  
685 Metacom Ave.  
Bristol, RI 02809  
401.396.9331

PilatesRI  
18 Maple Ave.  
Barrington, RI 02806  
401.245.2639

Pilates West Bay  
5 Division St. Bldg. D 2nd Floor  
Warwick, RI 02818  
401.261.4137

Transformation Pilates Studio  
26 Clinton Ave.  
Jamestown, RI 02835  
401.506.0196

## SOUTH CAROLINA

The Health Resource Center  
124 Battleship Rd.  
Camden, SC 29020  
803.438.6653

KayLynn Pilates  
1523 Sunset Blvd.  
West Columbia, SC 29169  
803.730.0398

New Life Fitness World  
265 Charter Oak Road  
Lexington, SC 29072  
803.808.8000

## TENNESSEE

Signal Mountain Pilates  
819 Mississippi Ave.  
Signal Mountain, TN 37377  
423.886.7500

Absolute Pilates  
10 Cadillac Dr., Ste. 195  
Brentwood, TN 37027  
615.370.5687

Willow Pilates Studio  
2203 Banywood Dr.  
Nashville, TN 37215  
615.297.7117

Wellness Center at Baptist Hospital  
2021 Church St., LL Plaza 2  
Nashville, TN 37236  
615.284.2948

Joanna Fehse Private Instr.  
321 Buena Vista Pl.  
Memphis, TN 38112  
901.340.7843

## TEXAS

Castle Hill Specialized Fitness  
1112 N. Lamar Blvd., Ste. B  
Austin, TX 78703  
512.478.4567

My Village Retreat  
2560 King Arthur Blvd.  
Ste. 138  
Lewisville, TX 75056  
972.899.5440

Sole to Soul: Professional  
Pilates & Physical Therapy  
2652 FM 407, Ste. 135  
Bartonville, TX 76226  
940.241.1215

The Good Space  
Pilates & Yoga Studio  
5757 Woodway Dr.  
Ste. 150  
Houston, TX 77057  
713.784.8555

The Pilates Center  
1901 Montgomery St.  
Fort Worth, TX 76107  
817.737.2673

Studio C Pilates Fitness  
28691 1-10 W  
Boerne, TX 78006  
210.380.6800

The Synergy Studio  
300 E. Grayson, Ste. 100  
San Antonio, TX 78248  
210.824.4225

Move Studio  
17062 Preston Rd. Suite 108,  
Dallas TX 75248  
972.732.0206

Lone Star Pilates  
434 Loop 1604 W., Ste. 2203  
San Antonio, TX 78232  
210.499.5555

Ever FIT  
333 Pilgrim Rd.  
Abilene, TX 79602  
325.320.1945

Breathe Pilates Studio, Inc.  
25228 Grogan's Park Dr.  
The Woodlands, TX 77380  
281.298.5277

Joe Farmer  
Recreation Center  
1201 E. Bethany  
City of Allen, TX 75002  
214.509.4750

3M Austin Fitness Center  
6801 River Place Blvd.  
Austin, TX 78726  
512.984.5990

The Hills Health Club  
and Wellness Center  
4615 Bee Caves Road  
Austin, TX 78736  
512.327.4881

Nautilus Health Center  
123 American Bank St.  
Huntsville, TX 77340  
936.291.0051

Tindle & Associates Pilates  
2712 Bee Caves Rd. #114  
Austin, TX 78746  
512.330.9711

## UTAH

American Fork Fitness Center  
454 N. Center St.  
American Fork, UT 84003  
801.369.4103

Range  
2064 Prospector Ave., #103  
Park City, UT 84060  
435.655.1816

Body and Mind Studio,  
Teaching Authentic Pilates  
3300 South 1063 East #201  
Salt Lake City, UT 84106  
801.486.2660

Absolute Pilates  
300 S. Main St., Lower Level  
Moab, UT 84532  
435.259.0069

## VERMONT

Classic Form Pilates  
11 Germain St.  
Burlington, VT 05401  
802.598.2469

Upper Valley Pilates &  
Physical Therapy  
188 South Main St., Ste. 107  
White River Junction, VT 05001  
802.299.6159

## VIRGINIA

Exceptional Body Pilates Studio  
1070 West Main St., Ste. 6  
Abingdon, VA 24210  
276.263.0040

The Art of Mind & Body Studio,  
Workhouse Arts Center of Lorton  
9601 Ox Rd.  
Lorton, VA 22079  
703.851.6232

Sport and Health Club /  
Tyson's Pilates Studio  
8250 Greensboro Rd.  
McLean VA 22102  
703.442.9150

Studio BE Pilates  
4211 Fairfax Corner East Ave . #215  
Fairfax, VA 22030  
703.222.0122

Momentum Pilates Studio  
2216 Ivy Rd., Ste. 206  
Charlottesville, VA 22903  
434.293.2635

The Center  
A Yoga and Pilates Studio  
70 N. Mason St., Ste. 10  
Harrisonburg, VA 22802  
540.432.0644

Balanced Bodies  
445B Carlisle Dr.  
Herndon, Va. 20170  
703-435-4553

Gold's Gym  
2380 Plank Road  
Fredericksburg, VA 22401  
540.368.0032

That Pilates Girl, LLC  
11320 Stonehouse Place  
Potomac Falls, VA 20165  
703.967.3691

Pilates Central, LLC  
401 Granby Street  
Norfolk, VA 23510  
757.464.3000

Body Shop Pilates  
125 Mill St. #11  
P.O. Box 17  
Occoquan, VA 22125

## WASHINGTON

Bodycenter Studios  
126 NW Canal St., Ste. 320  
Seattle, WA 98107  
206.914.4259

Island Pilates Center  
222 Anthes Ave.  
Langley, 98260  
360.221.881  
Sound Mind & Body Gym  
437 N. 34th St.  
Seattle, WA 98103  
206.547.2706

Studio Evolve, Pilates &  
Bodywork

3333 Wallingford Ave. N.,  
Ste. B  
Seattle, WA 98103  
206.547.9616

The Gym  
208 West 5th  
Ellensburg, WA 98926  
509.962.6200

## **WASHINGTON, D.C.**

The Sports Club/LA  
1170 22nd St. NW  
Washington, D.C. 20037  
202.974.6600

## **WEST VIRGINIA**

KO Yoga  
5132A MacCorkle Ave. SE  
Charleston, WV 25306  
304.437.3403

Premier Studio of Dance  
1221 Johnson Ave., Ste. 400  
Bridgeport, WV 26330  
304.842.5274

The Forum  
200 W. Washington St.  
Lewisburg, WV 24901  
304.647.3100

## **WISCONSIN**

Harmony Zone Fitness, LLC  
280 W. Netherwood Rd.  
Oregon, WI 53575  
608.835.9094

EMBody Health, Pilates  
and more studio  
714 7th St.  
Hudson, WI 54016  
651.226.8374

Harbor Athletic Club  
and Wellness Center  
2529 Allen Blvd.  
Middleton, WI 53562  
608.831.6500

All Aboard Fitness  
160 Terraqua Dr.  
Kewaunee, WI 54216  
920.388.4961

Pilates on the Lake  
161 W. Wisconsin Ave.  
Pewaukee, WI 53072  
262.695.2262

iPilates Studio, LLC  
1004 Quinn Dr., Ste. 5

Waunakee, WI 53597  
608.630.1069

YMCA at Pabst Farms  
1750 Valley Road  
Oconomowoc, WI 53066  
262.567.7251

Quarry Arts Pilates Studio  
715 Hill Street, Ste. #160  
Madison, WI 53705  
608.770.3729

Kimberly-Clark Exercise Facility  
2100 Winchester Rd.  
Neenah, WI 54956  
920.721.5746

## **WYOMING**

Paul Stock Aquatic &  
Recreation Center  
P.O. Box 220  
Cody, WY 82414  
307.587.2550

## **INTERNATIONAL**

### **CANADA**

In Balance Pilates  
600 Terry Fox Dr. Ste. 107  
Kanata, Ontario K2L4B6  
613.599.0901

Spine Stretch Studio  
136 Centre Street  
Aurora, Ontario, Canada  
L4G 1K1  
905.727.2963

### **JAPAN**

Pilates by Amanda, Gunner's  
Gym, Camp Foster Marine Base  
APO AP 96367  
Okinawa, Japan  
633-4828 (DSL)  
080-3311-8754

### **THAILAND**

Style Pilates  
39/9 Soi Lang Suan, Ploenchit Rd.  
Lumpini, Pathumwan  
Bangkok 10330, Thailand  
+66 (0) 8 9521.2616

### **SOUTH KOREA**

Pilates in NY Studio  
South Korea 001.82.31.8022.5775